



Parent Information

If your child is paddling at Downunder, first off – you can be assured that they will be very safe and well cared for! Everything floats! The life jacket, which we personally select and fit your child with, the paddle and the boat. Every lifejacket has a whistle. Guides are never more than a few boat widths apart from the paddlers. Our ratio of guides to paddler is 1-4. Our guides are first aid and cpr certified, and receive intense training from ACA certified staff.

We are located on the Five Mile River in Rowayton, a very sheltered environment. For scouts and parties we primarily stay north on the river, a secluded area where there is no boat traffic, and plenty of room to play and learn.

About the outing:

They learn about the gear

- What to wear, lifejackets, good footwear, sunscreen, hats, water wicking clothing (vs cotton)
- Paddles – how to hold
- Boats – doubles vs singles, how to get in and out, how to STAY in, balance

About the environment and the conditions they'll be paddling in

- wind
- tides
- weather
- safety

Skills they'll learn

- forward
- backwards
- sideways
- circles
- stopping

Children should come prepared to get wet! To learn the above skills we play games, some of which may result in your child getting wet – so do have them dress appropriately/bring a change of clothes!

What to bring:

- Swimsuit
- Watershoes
- Sunscreen
- Hats and sunglasses with croakies (optional)
- Towel
- Change of clothes
- Drinks – recommend water bottles, we sell for \$5, refillable Downunder bottles.
- Waivers – each parent must sign a waiver

Come back!

We hope your child enjoys their experience and that you come back to paddle with us. Please visit our website to see all of our offerings – you may be interested in the birthday parties or the children's summer program and afterschool program.

Kim Beaumont, Owner, (203) 247-4579